

# Back To Basics Summer I Half Term Challenge



Name: \_\_\_\_\_ Class: \_\_\_\_\_

## KEEP ACTIVE

Your challenge is to keep active! Keep a tally against each exercise over the week! Which class will be the most active?



### Extra Challenge!

Do the Joe Wicks

5 minute move workout for kids!



<https://www.youtube.com/watch?v=H1qPzxQDj2w&list=PLyCLoPd4VxBvPHOpzoEk5onAEbq40g2-k&index=3>

Put this card into the yellow box in the triangle to get your WAM token and be put into the prize draw!

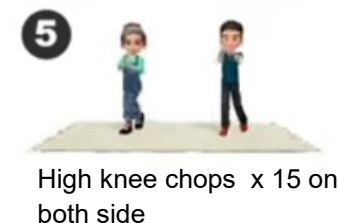
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